

Fight off the germs

1. Turn on the tap and rinse your hands under the warm water



2. Add soap to kill those germs



POW!

3. Rub the soap over hands for at least 20 seconds



Remember

Rub the back and the front of your hands and between your fingers.

4. Rinse well under warm water



BAM!

5. Dry hands with a clean paper towel then bin it.

