

Back-to-school Questions for children



We would like to know how you feel about coming back to school.

We understand that you might have been worried and confused when the school closed. You also might feel worried to come back to school.

We are asking you these questions to find out how you feel and what we can do to help you do your best. Your answers will help us make sure everyone feels happy, safe and comfortable when they are back at school.

Please write your answers in the boxes on the right.

Question	Answer
The school	
Are you happy to go back to school?	
What do you like the most about school?	
What do you like the least about school?	
Is there anything you would like to change about school?	
Do you feel safe to go back to school?	
Which adult at school in school can you talk to if you feel worried?	
What can we do to make you feel safer in school?	
If you had a question, would you be worried about asking a teacher?	
If you had a problem, would you be worried about telling a teacher?	
Use this space to write anything else you want to say about the school:	

Question	Answer
Friends, health and feelings	
Are you happy that you will see your friends at school again soon?	
Did you go to any school clubs last year?	
If you did, please write the clubs you went to here.	
Did you go to any clubs outside of school?	
If you did, please write the clubs you went to here.	
Do you like exercising and playing sports at school?	
Do you exercise and play sports when you are not at school?	
How many hours do you exercise per week?	
Do you like spending time outdoors at school?	
Do you spend time outdoors when you are not at school?	
How many hours do you spend outdoors per week?	
Do you often feel tired at school?	
How many hours do you sleep per night?	
Do you often feel hungry at school?	
Do you think you have a balanced diet?	

Question	Answer
If you felt unwell, would you be worried about telling a teacher?	
Use this space to write anything else you want to say about friends, health and feelings:	

Thank you for answering the questions.

Name:	
Class:	
Date:	

