



Letter from headteacher for confirmed COVID-19 cases

Dear parent/carer

A confirmed case of COVID-19 in our School

A member of our school community has tested positive for COVID-19. The school is working closely with Salford's Public Health Team to reduce the risk of infection for your children and our staff.

We have followed the national guidance and have identified that your child's bubble has been in close contact with the affected person. In line with the national guidance we recommend that your child now stay at home and self-isolates for 10 days after contact.

We are asking you to do this to reduce the further spread of COVID-19 to others in the community.

If your child is well at the end of the 10 days period of self-isolation, then they can return to usual activities. If they become unwell with symptoms please arrange a test (see below). However, a negative test does not mean that your child can return to school earlier than 10 days.

Other members of your household can continue normal activities provided your child does not develop symptoms within the 10 day self-isolation period. This is because they are NOT contacts of the positive case. They are **contacts of contacts** of a case. Contacts of contacts do not need to self-isolate unless someone in their household develops symptoms or they come into contact with another case.

Please take a look at the [staying at home guidance from Public Health England](#).

If you think that someone else in your household has come in contact with a confirmed case or you need help or advice about self-isolation, please call the Spirit of Salford helpline on **0800 952 1000**.

Public Health Advice on symptoms

As your child is identified as a contact of a case, please try not to worry. For most people COVID-19 is a mild illness.

If anyone in your household becomes unwell with one of the symptoms of Coronavirus (COVID-19) to book a test by ringing **119** or [go to the NHS website](#).

Symptoms of coronavirus (COVID-19) are recent onset of any of the following:

- A new continuous cough
- A high temperature (fever)

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- A loss of, or change in, your normal sense of taste or smell (anosmia)

Any one of the above symptoms gives reason for high level of suspicion for COVID-19.

Get information about [COVID-19 symptoms and management of the virus](#).

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further information

Further [information on coronavirus](#) is available on the GOV.UK website.

Although COVID-19 is circulating in the community, usual childhood illnesses are too; and it is important that these are not missed. Please contact your GP or NHS111 if you are worried; or call 999 if seriously unwell.

Best wishes

S Steward

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